YOU CAN STOP THE SPREAD OF CORONA VIRUS

**Do’s**
- Practice frequent hand washing with soap and water or use alcohol based hand rub
- Cover your nose and mouth with handkerchief/tissue while sneezing or coughing
- Stay at home if you are sick
- Consult a doctor if you feel unwell
- Use mask/cloth while visiting doctor
- Throw used tissues into closed bins immediately after use
- If you have flu like signs/symptoms please call State helpline number

**Don’ts**
- Do not shake hands with anyone
- Do not spit in public
- Do not participate in large gatherings
- Do not touch your eyes, nose and mouth frequently

For further information: Contact Ministry of Health and Family Welfare, GoI’s 24 X 7 control room number: 011-2397 8046 or State Help line Number: 0381-2315879 | Email at: ncov2019@gmail.com

DISCLAIMER: This IEC material is made possible by the generous support of the American people through the United States Agency for International Development (USAID). The contents are the responsibility of Jhpiego and do not necessarily reflect the views of USAID or the United States Government.