STAY SAFE FROM CORONAVIRUS BY PRACTICING SIMPLE HANDWASHING

WASH YOUR HANDS OFTEN WITH SOAP AND WATER

1. Wet hands and apply soap
2. Rub hands palm to palm
3. Fingers interlaced, rub palm to palm and then right palm to back of left hand and vice versa
4. Cusp back of fingers into opposing palm and rub side to side
5. Close right hand around left thumb and rub thumb in rotational manner and vice versa
6. Rotational rubbing, backwards and forwards by placing fingertips of right hand in left palm and vice versa
7. Rinse hands and dry them thoroughly

TOGETHER WE CAN FIGHT CORONAVIRUS!

For further information: Contact Ministry of Health and Family Welfare, Govt’s 24X7 control room number +91-11-2397 8046 or State Helpline Number: 0381-2315879 | Email at: ncov2019@gmail.com

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